



Easter

ACTIVITY BOOK



CONTENTS

PRD.

RECIPES

Easter Egg Fruit Tarts _____	2
Easter Cream Cheese Mints _____	3
Carrot Garden Ice Cream _____	4
Chick Devilled Eggs _____	5

CRAFTS

Shaving Cream Easter Eggs _____	7
Easter Bunny Bookmark _____	8
Peakaboo Clothespin Eggs _____	9

ACTIVITIES

Colouring In _____	11
Word Search _____	12
Spot the Difference _____	13
Scavenger Hunt _____	14
Colour By Number _____	15



RECIPES



EASTER EGG FRUIT TARTS

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Ingredients:

1 cup almond butter
1/4 cup honey
2 tsp vanilla extract
1/4 teaspoon salt
2 cup oats, dry

3/4 cup Greek yogurt
3/4 cup strawberries
3/4 cup blueberries
1 medium banana
3/4 cup grapes, green

Method:

1. In a microwave safe bowl, add almond butter, honey, vanilla and salt. Microwave for 20 seconds, then stir until smooth.
2. Take 1 cup of the oats and place in a blender. Blend until the oats are finely chopped and resembles flour. Set aside.
3. Add the other cup of oats to the almond butter mixture and stir. Slowly add in a little of your homemade oat flour at a time until you get a mixture that you can form into a crust.
4. Depending on your brand almond butter the amount of flour may vary.
5. Take small amounts of the mixture and form Easter egg shaped disks. Place onto parchment paper or foil for easy cleanup.
6. Once all the Easter eggs are formed, spread on a layer of greek yogurt. Top with sliced fruit to make your designs and enjoy!



<https://www.superhealthykids.com/no-bake-easter-egg-fruit-tarts/>





Ingredients:

1 package of cream cheese, softened
1/4 cup butter, softened
2 lbs powdered sugar

1 - 2 tsp mint extract
Gel food coloring
1/2 cup powdered sugar for rolling mints

Method:

1. Combine cream cheese and butter in a large mixing bowl and mix until smooth. Then, add 1 cup of powdered sugar, the mint extract, and mix until smooth.
2. Gradually, add the remaining powdered sugar until smooth and consistent.
3. Separate the mixture into four separate bowls, or however many different colors you want. Add a small amount of food color to each bowl and stir in until the color is uniform.
4. Cover and refrigerate for 2 hours or until firm enough to handle.
5. Line 2 quarter sheet pans with parchment paper and liberally dust with powdered sugar. Set aside.
6. Pinch off small amounts of the dough and form into a 1-inch balls. Roll each ball in powdered sugar and place on prepared sheet pans. Gently press the tines of a fork into the top of each ball. (You can also use the bottom of a shot glass if you don't want the lines.)
7. Let stand, uncovered, for at least 4 hours or until the mints are firm. If the bottoms have any moisture, flip over and let stand again until the bottoms of the mints are also firm.



CARROT GARDEN ICE CREAM

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Ingredients:

- 2 packages Oreo cookies
- 1.5L vanilla ice cream
- 1 carton frozen whipped topping, thawed
- 1/2 cup vanilla icing
- Orange food colouring
- 1 bag green lolly snakes

Method:

1. Finely crush half of the cookies; coarsely crush the remaining cookies.
2. In a large bowl, beat ice cream, whipped topping and finely crushed cookies until blended. Spread into an 8-in. square dish; sprinkle with crushed cookies. Freeze until firm.
3. Tint frosting orange; pipe carrot tops in rows over dessert. Cut green apple licorice into 1-in. pieces; separate strands, leaving one end intact. Place on carrots to form stems.





Ingredients:

- 12 large eggs, hard boiled and peeled
- 1/2 cup mayonnaise
- 1/4 cup finely grated parmesan cheese
- 2 teaspoon dijon mustard
- 1 red pepper, cut into small triangles
- 6 black olives, sliced

Method:

1. Trim bottom of eggs so they stand upright. Cut off the top third of each egg, saving egg white tops.
2. Carefully remove yolks to a small bowl. Add the mustard, mayonnaise and Parmesan to the yolks and mash. Transfer mixture to piping bag. Pipe the yolk mixture into each egg white. Top with egg white tops.
3. Decorate the exposed yolk mixture with the pepper triangle "beaks" and olive "eyes." Refrigerate at least 1 hour.



BONUS RECIPE!

Ingredients:

- 1 packet hummus
- 10 baby carrots
- Clean miniature plant pots

Method:

1. Spoon some hummus into thoroughly cleaned miniature pots. Then, poke some baby carrots into the hummus and enjoy!



CRAFTS





Materials:

Hardboiled eggs
White vinegar
Shaving cream

Gel food colour
Muffin pan
Toothpicks

Method:

1. Place your eggs into a shallow container of vinegar to prepare them to take the dye. Keep the eggs in the vinegar for at least 20 minutes, but no longer than four hours. Carefully rinse the vinegar off the eggs and pat dry.
2. In a muffin tin, fill each cavity approximately 2/3 full with shaving cream. Add a drop of food colouring in two or three complementary colours on top of the shaving cream in each cavity.
3. Use a toothpick or a wooden skewer to gently stir the food colouring into the cream, adding another drop of colour if needed. Gently place your dry egg on top of the coloured shaving cream in your muffin tin, trying not to allow the egg to touch the bottom of the tin. Allow the eggs to sit in the mixture 10 minutes for more pastel colours and overnight for bolder colours.
4. Once the colour has set, rinse your eggs directly under the tap. Gently pat your eggs dry with a paper towel and place on a smooth surface.





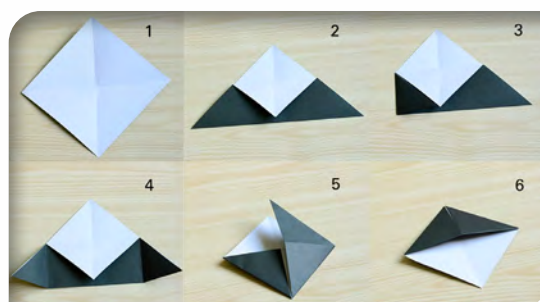
Materials:

origami paper
googly eye stickers
white paper

black marker
scissors
glue

Method:

1. Fold the paper diagonally. Unfold.
2. Fold into a triangle (coloured side on the outside). Grab hold of the top of the triangle (one sheet only) and fold it toward the bottom of the triangle.
3. Fold the left and right corner towards the bottom centre of the triangle. Crease and unfold.
4. Again grab the corner, this time folding it towards the top of the triangle. Crease well. Do the same with the other side.
5. Now tuck both tops inside the pocket. You now have your corner bookmark! You can also tuck the white triangle inside the pocket.
6. Cut ears, teeth and nose and glue them on, and add two eye stickers (or just draw your own).





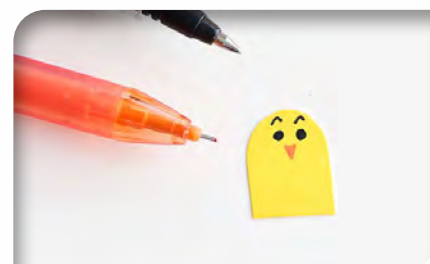
Materials (Santa):

glitter craft foam
clothespin
yellow paper or card
small scrap of foam/ cardboard

tape
black and orange pens
scissors

Method:

1. Start by cutting out a small rectangle of glitter foam, then trim around the corners to turn it into an oval egg shape and cut a zig-zag shape across the egg.
2. Pinch open the clothespin. While it's open, add a small strip of tape to the side where the egg is going to go. Lay the egg upside down on the table and line up the top and bottom egg pieces.
3. Carefully press the clothes pin onto the back of the foam egg so that the opening in the clothespin lines up with the opening in the cracked egg. Try to line it up so that the end of the clothespin where your chick is going to go is in the middle of the egg.
4. Cut out a tiny chick shape from yellow paper or card. Then use a black gel pen and an orange gel pen to draw the eyes and beak.
5. Tape a tiny piece of craft foam to the back of the clothespin where the chick is going to go. Then add a little bit of crafter's tape to the paper chick and attach it to the little foam spacer you just attached.



<https://onelittleproject.com/peekaboo-clothespin-eggs/>



ACTIVITIES

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Name _____ Date _____

Find all the Easter words!

- EASTER BUNNY
- CARROT
- RABBIT
- HOP
- CHOCOLATE
- EGG HUNT
- BILBY
- BASKET

V N C A P G Y T U W B K R E S A L O F K
I X D B I B K D Z D D Y C A U L X S A W
O G L M W D R X I D C M G X V F D U I E
X R K R W B W E A S T E R B U N N Y H K
N M I B A K L G U I H Z X N B C J K W F
M H K I F M S W X X O E R E A R K S W V
X L T L U U T P F S P C H O C O L A T E
V S T B G Y I P C R Z F U A Y T E F F Y
J L L Y J P U X C T R W E T F D C I S E
G L W N K T H D C T R Z U H Q K U P J A
S T F K E G K B P E C A R R O T R C Z G
Q G R Y J A U Q H E D M T A P G P P Z C
P H Y W S L D Q T G M P D B T O I D U R
Y X W E C Z E E M G C O I B D T P M L R
Y S P B P P K F Q H E V M I A U G V L A
B A S K E T D J V U A Q Q T Y W Z L A L
G A H W H M C U U N S U E U B I Q O I M
C H F O R G L L A T B M X O N C C I D K
H P L B P C F X V W E J O F R Z R W E H
P X K D P Z K K U C J Q K V N I G Z G A



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Easter Surprise

The Easter Bunny and some of his friends are enjoying the day. Can you spot 10 differences between the two pictures?



It's not Easter without a scavenger hunt!

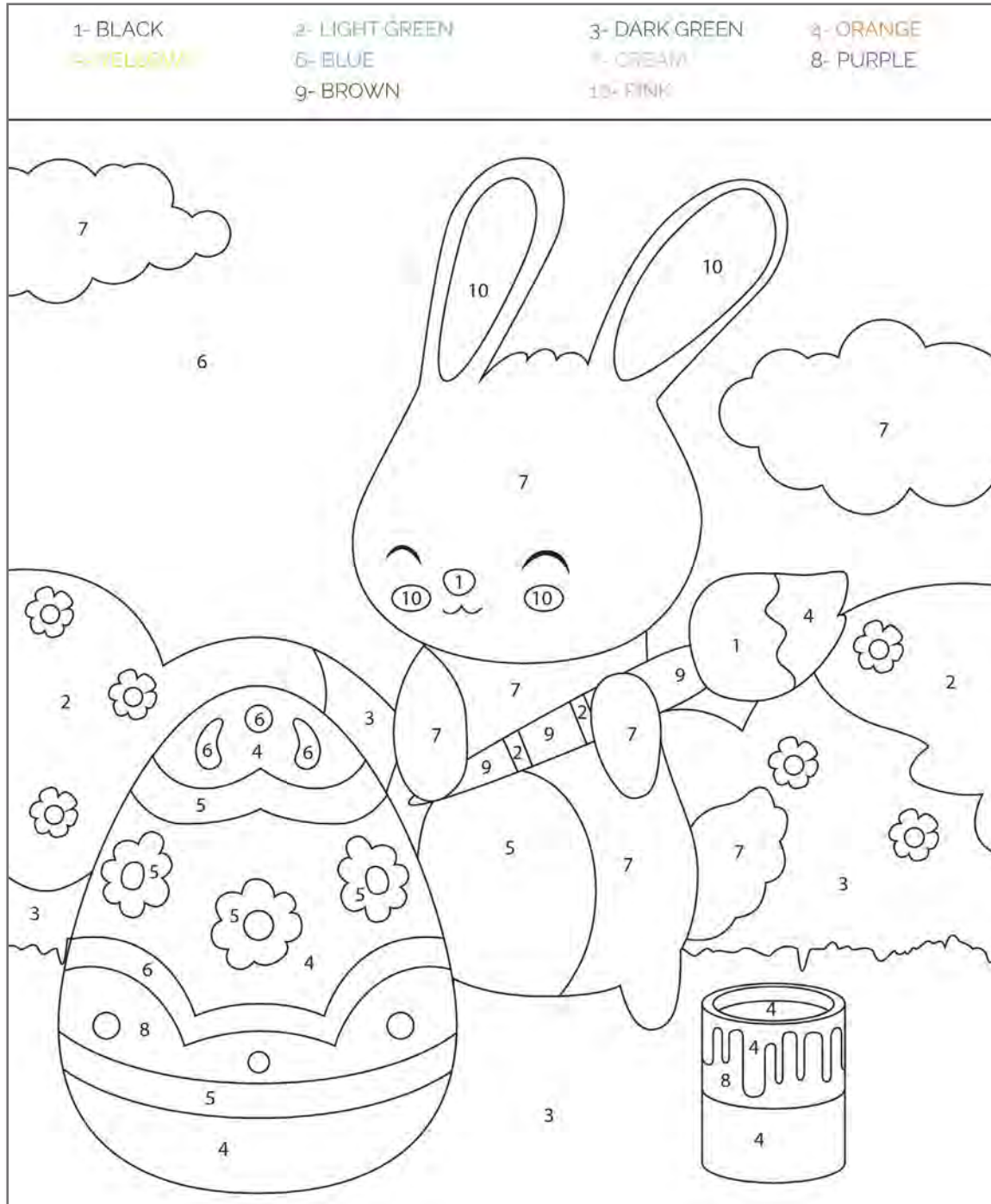
To get started, print a copy of this page, clip it to a clipboard, grab a pencil and see what you can find!

If you're just watching you might like to offer a prize to the scavenger who finds everything on the list. Happy hunting!



- | | | | | | |
|--------------------------|---|--------------|--------------------------|---|------------------|
| <input type="checkbox"/> |  | BLUE EGG | <input type="checkbox"/> |  | EASTER BASKET |
| <input type="checkbox"/> |  | BUNNY | <input type="checkbox"/> |  | JELLY BEANS |
| <input type="checkbox"/> |  | FLOWER | <input type="checkbox"/> |  | YELLOW EGG |
| <input type="checkbox"/> |  | A CARROT | <input type="checkbox"/> |  | A LAMB |
| <input type="checkbox"/> |  | CANDY | <input type="checkbox"/> |  | CHOCOLATE BUNNY |
| <input type="checkbox"/> |  | A BABY CHICK | <input type="checkbox"/> |  | A BOW |
| <input type="checkbox"/> |  | PLASTIC EGG | <input type="checkbox"/> |  | EGG IN THE GRASS |





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Happy
Easter!

from PRD.